

Patient Case Workshop

Patty

Chronic fatigue
6AM
Specialized center
Son's house
Sleep it off

Dialysis Days

4 times/week
Snow
45 minute drive
Husband driving

Limited social activity
Church
4 children/4 states
Run errands
Everyday life
Shorten the time

Can't travel
Guilt
So tired
Clean house
Misses independence

Patty

Fluid
Nutritionist
So much energy
Appointment book

Food
Diet with husband
Treatment burden
Weekly meal planning
Fight with billing dept
Husband organizes meds

Medicare

Choices not explained
She didn't know all this
Communication
Life impact not explained
Husband/wife duo
Advocating for choices

Dialysis Days

- "Anyone that thinks it's an easy thing to do to, dialysis, it's not. It's not easy cuz it doesn't look like you do much. I mean, you sit in a chair. Takin' your blood and cleanin' it, puttin' it back in ya"

Everyday Life

"I don't do much. Everything has to be based on dialysis and when it happens."

Treatment Burden

“My [heart and kidney] are gonna go [on the transplant list] at the same time, I’d like to get a kidney cause that’d free up my life”

Communication

"More information would've been helpful. Maybe other people get the information first. Your kidney's failed. This is what's gonna happen. Here's your options. I didn't get any of that."

Activity

1. Break up into 6 small groups.
2. Each group will be assigned one of the topics discussed.

Activity

3. What did Patty's story teach you about your topic?
4. What are the problems of Patty's situation? Which of these problems are not typically attended to or addressed by current healthcare?

Discussion

Activity

6. Back in your groups...

- Brainstorm ways in which you might solve the problems you have identified in your topic area for Patty and other patients like her.

Discussion

What will you take home from this session?

LUNCH!