Conversation Coaching

This worksheet is to help you review and reflect after using My Life My Health Care in conversation with a patient. It uses an appreciative inquiry framework to help you unpack what’s going on, what went well, and what could go better.

1. What went well during your conversation with this patient? While using the tool?

2. What surprised you about the conversation with this patient?

3. What did you learn from this patient?

4. How might that change the way you care for this patient?

5. What was frustrating about using the tool this time?
6. How might you try a **different approach** next time you use the tool?

7. What questions might help you **dig deeper** to understand the patient’s perspective?