

What are you doing when you're not sitting here with me?

Where do you find the most joy in your life?

What's on your mind today?

Are these areas of your life a source of satisfaction, burden, or both?

	Satisfaction	Burden
My Family and Friends	<input checked="" type="radio"/>	<input checked="" type="radio"/>
My Work	<input checked="" type="radio"/>	<input checked="" type="radio"/>
My House & Neighborhood	<input checked="" type="radio"/>	<input checked="" type="radio"/>
My Finances	<input checked="" type="radio"/>	<input checked="" type="radio"/>
Free time, Relaxation, Fun	<input checked="" type="radio"/>	<input checked="" type="radio"/>
Faith or Personal Meaning	<input checked="" type="radio"/>	<input checked="" type="radio"/>
Being Active	<input checked="" type="radio"/>	<input checked="" type="radio"/>
My Rest and Comfort	<input checked="" type="radio"/>	<input checked="" type="radio"/>
My Emotional Life	<input checked="" type="radio"/>	<input checked="" type="radio"/>
My Senses and Memory	<input checked="" type="radio"/>	<input checked="" type="radio"/>
Eating Well	<input checked="" type="radio"/>	<input checked="" type="radio"/>

What are the things that your doctors or clinic have asked you to do to care for your health?

For example:

Come in for appointments

Take aspirin

Do you feel that they are a help, a burden, or both?

	A help	A burden
<hr/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>
<hr/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>
<hr/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>
<hr/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>
<hr/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>
<hr/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>
<hr/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>
<hr/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>
<hr/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>
<hr/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>

Comments